

LIMITED COACHING OFFER 90 MINUTES FOR £90

Saini Manninen

Start 2026 with clarity and accountability!

Welcome to the dark end of the year! If you're anything like me, the winter hibernation is setting in now. But hold on one moment.

I'm inviting you to gift some time to your future self - that one who is fretting about the year and all the changes they would like to implement.

So this winter, treat yourself to some me-time. For £90 you can have 90 minutes of 1:1 coaching to set yourself up for the new year, to reflect on the year that was or to prepare for a specific challenge waiting on the horizon.

You choose the topic, I'll bring the tools and the support! Together we'll get you to a place where you can feel confident about making changes and stop faffing about.

Possible areas to focus on:

- setting out goals for 2026 with realistic action steps
- reflecting on the past year and moving forward with a clearer head
- addressing a knotty problem that's blocking you at the moment
- building some self-belief and momentum
- improving your public speaking skills
- practising for an upcoming presentation



Offer

£90 for 90 minutes of 1:1 coaching

Offer ends on 31 January 2026
(Session must be booked and paid for by this date)

Only 3 sessions available at this rate – offer ends when they run out!

Ready to get started?

To book your session, email
hello@sainimanninen.co.uk